

Invitation to **BLOOD DONATION CAMPAIGN**



Tuesday, September 17th 2024

12:00 a.m. – 05:00 p.m.

karriere.at, Donaupromenade 1/EG, 4020 Linz

(on the ground floor – access via side entrance on the left)

PARKING: free of charge, directly in front of the building or side street
(karriere.at parking spaces)

All healthy **persons over the age of 18** can donate blood at **8-week intervals**. The health questionnaire to be filled out before donating blood and the subsequent confidential discussion with our doctor serve both **the safety of our blood products and the safety of the blood donors**. Please bring an **official photo ID** and **your blood donor card** to the blood donation. The laboratory results will be sent to you approx. 8 weeks later, so that the blood donation also becomes a small health check for you. You should eat at least one small meal and drink enough fluids in the last 3-4 hours before donating blood and avoid physical exertion after donating blood.

Click [here](#) to book an appointment!

DONATE BLOOD – SAVE LIVES!



General Information

You must not donate blood if any of the following apply:

- „fever blister“
- - open wound, fresh injury
- - acute allergy
- - sick leave and cure

In the last 48 hours:

- - One vaccination with inactivated vaccine e.g. TBE, influenza, diphtheria, tetanus, polio, meningococcal, hepatitis A/-B, covid-19.
- - Non-bloody dental procedures.

In the last 3 days:

- - Desensitization treatment (allergies).

In the last 7 days:

- - Scaling
- - Tooth extraction
- - Root canal treatment

In the last 4 weeks:

- - Infectious diseases (influenza infection intestinal infection or diarrhea, etc.).
- - A vaccination with live vaccine, e.g. measles mumps, rubella, BCG, etc.
- - Taking antibiotics

In the last 2 months:

- - Tick bite

In the last 4 months:

- - Piercing, tattooing, ear piercing, acupuncture outside of doctor's office, permanent make up
- - Gastroscopy, colonoscopy
- - Contact with HIV, hepatitis-B, -C

In the last 6 months:

- - Stay in malaria areas

If you have any questions, please contact the Linz Blood Center on the free **blood donation hotline: 0800 / 190 190** or by e-mail spm@o.ropeskreuz.at. You can find out about other blood donation dates in daily newspapers and on the **Internet** at www.ropeskreuz.at/ooe.

Please come and donate blood, because only with **your blood donation** can we supply all Upper Austrian hospitals with enough life-saving blood reserves.